



Sagar
Multispeciality Hospital
WE CARE • WE CURE



PROSTATE HEALTH CHECK-UP

To raise awareness about prostate health and generate support for those affected by prostate conditions, we are offering one comprehensive health checkup screening package, which includes the following tests.

PROSTATE SCREENING PACKAGE

FOR INQUIRES CALL

 **7880161616**

- ✓ **Lab Tests : 10**
- ✓ **Parameters : 25**
- ✓ **Consultations : 3**
- ✓ **Ideal For : Male**
- ✓ **Age Group : <45**

 **3,999/-**

PACKAGE INCLUSIONS

INVESTIGATIONS

- Complete blood count
- (CBC) Urine Routine

RENAL

- Creatinine, Serum
- Ultrasonography kidney and bladder examination (KUB)
- Uroflowmetry

CANCER MARKERS

- PSA, Serum

CONSULTATION

- Urologist

IDEAL FOR

Health conscious individuals more than 18 years wanting to get their overall health check-up

PREPARATIONS

GUIDELINES FOR PREVENTIVE HEALTH-CHECK PROGRAM

General Instructions

- Get a good night's sleep before the health check.
- Please come fasting for 8–10 hours; only plain water is allowed.
- Avoid alcohol, caffeine, and smoking for 24 hours before the tests.
- Wear comfortable, loose-fitting clothes for easy examination.
- Carry all current medications and relevant medical records (if any).
- Bring a valid Government-issued photo ID card for registration.
- If you are on blood thinners or any special medications, inform the healthcare team in advance.
- Avoid strenuous exercise on the morning of the check-up.
- Expect the process to take 4–5 hours depending on the advised investigations.

For Appointments & Billing

- Please schedule your health check appointment at least 2 days in advance to ensure smooth planning and minimal waiting time.
- You will receive a confirmation call from our customer support team prior to your appointment.
- A secure payment link will be shared for advance payment; pre-payment helps reduce waiting at the billing counter.
- Please carry a valid Government-issued photo ID card for registration and verification.

Other Instructions:

- Please come fasting for 8–10 hours (only plain water allowed).
- Avoid a heavy, oily, or non-vegetarian dinner on the night before the check-up.
- Refrain from consuming alcohol, caffeine, or nicotine for at least 24 hours before the test.
- If you are on blood thinner medication (like aspirin, clopidogrel, or warfarin), inform the healthcare team in advance.
- Carry your current medications and any relevant medical records, especially previous PSA test reports or urology consultations.