

# LUNG HEALTH CHECK-UP

Lung Health is a screening package designed to assess underlying medical conditions that may arise from regular smoking, exposure to smoking, or living in a polluted environment. This package includes checks on vital organs such as the heart, kidneys, and liver. It also includes a CT chest scan, which helps diagnose lung cancer.

**HEALTH CHECK** 

FOR INQUIRES CALL **©**7880161616

☑ Lab Tests: 11

**☑ Parameters**: 36

**☑ Consultations**: 3

☑ Ideal For : Male/Female

**△ Age Group**: >18



# **PACKAGE INCLUSIONS**

## **BLOOD INVESTIGATION**

Haemogram

#### **HEART HEALTH**

- Lipid profile (non-fasting)
- LDH
- Hs-CRP
- Homocysteine
- NT-Pro BNP
- Stress ECH0 /TMT/ECH0

## **KIDNEY HEALTH**

- Renal Function test
- Liver Health
- Liver Function test

### **LUNG HEALTH**

- PFT
- High Res CT (chest)
- Allergy Screening
- IgE

## **CONSULTATIONS**

- Internal Medicine
- Chest Surgeon
- Cardiology

# **IDEAL FOR**

Individuals who are active smokers or in regular company of smokers. Live in polluted environment. Family history of lung ailments.

# **PREPARATIONS**

# **GUIDELINES FOR PREVENTIVE HEALTH-CHECK PROGRAM**

#### **General Instructions**

- Get sufficient rest.
- Please do not eat or drink anything (no tea ,coffee ,lime water etc. ) except water for a minimum of 10 to 12 hours (plain water is permitted), and abstinence from excessive fatty meal and meat for dinner in the evening before is essential.
- Avoid exercise in the morning on day of health check up.
- Please wear comfortable footwear since you be required to undergo a brisk walk as a part of Treadmill test (TMT) if indicated.
- Do not consume alcohol or nicotine 24 hours prior to the health check up.
- Please carry all your current medications and medical records for any known medical condition (significant medical or surgical history).
- There may be a short waiting time for each test, depending on your selected package.
- This whole process will take a minimum of 4-5 hrs.

#### For Women:

- It is advised to book your appointment about one week after your last day of menstruation.
- If you are menstruating on the day of your appointment, please inform the nurses on arrival.
- In the event of pregnancy or suspected pregnancy, please avoid getting any X-rays or mammograms. Kindly notify the reception about your pregnancy status in advance.

#### **Other Instructions:**

- If you are a diabetic/cardiac/BP patient or have suffered any illness or fever in the recent past, please inform the EHC reception in advance.
- All corporate clients are requested to bring the original credit letter from your company.
- For identification, kindly bring a valid photo ID Card.





