



Sagar
Multispeciality Hospital
WE CARE • WE CURE



TEEN GIRLS' HORMONE & WELLNESS SCREENING (AGES 12–18)

With the advent of puberty your daughter may undergo many physical changes. Now is the right time to get a health screening for her and check for any deficiencies. Choose our teens wellness package (female).

TEENS

HORMONE & WELLNES

PACKAGE

FOR INQUIRES CALL

 **7880161616**

- ✓ **Lab Tests : 12**
- ✓ **Parameters : 54**
- ✓ **Consultations : 1**
- ✓ **Ideal For : Male/Female**
- ✓ **Age Group : 12-18**



5,599/-

PACKAGE INCLUSION

INVESTIGATIONS

- Blood Group(ABO group & RH type with reverse grouping)
- Haemogram (CBC+ESR)
- Iron, Serum
- Stool routine examination
- TSH (Thyroid stimulating Hormone)
- Vitamin B12, Serum
- Vitamin D,(25-OH), Serum

RENAL

- Calcium, Serum
- Phosphorous, Serum
- Urine Routine Examination

SCREENING

- Vision Testing

CONSULTATION

- Dentistry
- Ophthalmology
- Pediatrician

IDEAL FOR

Adolescent girls aged 12–18 years for overall health and wellness assessment

PREPARATIONS

GUIDELINES FOR PREVENTIVE HEALTH-CHECK PROGRAM

General Instructions

- Get a good night's sleep before coming for the health check.
- Do not eat or drink anything (except plain water) for 8–10 hours before the tests.
- Avoid oily or heavy meals the previous night.
- Please carry any previous medical records or prescriptions, if available.
- Wear comfortable, loose-fitting clothes for easy examination.
- Avoid wearing any metal jewelry or accessories during imaging tests (if included).
- Bring a valid photo ID card for registration.
- Parents/guardians are advised to accompany the teen for the health check.
- There may be a short waiting period between tests.
- Light refreshments will be provided after the blood tests are done.

For Appointments & Billing

- Please schedule your health check appointment at least 2 days in advance to help us plan your check-up and ensure a smooth experience.
- You will receive a confirmation call from our customer support team before your appointment.
- Confirming your appointment and making the pre-payment of your package in advance helps us prepare your health check files, reducing waiting time at the billing counter and ensuring timely completion of your package.
- Our staff will share a secure payment link with you for advance payment.
- Please carry a valid Government-issued ID card for identification.
- All corporate clients are requested to carry an authorization/credit letter from their organization, valid for at least 1 month.
- Any additional tests or investigations advised by the doctor will be billed separately after the consultation.

Instruction for Abdominal Ultrasound

- Ultrasound abdomen needs to be performed on a full bladder with minimum 4 hours fasting (A strong urge to pass urine implies a full bladder). We suggest that you consume water before your ultrasound as advised by the health check team. This will ensure that you have a full bladder at the time of your ultrasound test (if included in the package). Please don't take your Breakfast or give Urine sample before your Ultrasound test is completed.