



**Sagar**  
Multispeciality Hospital  
WE CARE • WE CURE



# FULL BODY ADVANCED SCREENING

You should get your health check up done from time to time, even if you are healthy. The purpose of these visits is to: Screen for medical issues, Assess your risk for future medical problems, Encourage a healthy lifestyle Update vaccinations This plan is ideal for young people (men & women) more than 18 years

## ANNUAL HEALTH SCREENING

FOR INQUIRES CALL

 **7880161616**

- ✓ **Lab Tests : 17**
- ✓ **Parameters : 62**
- ✓ **Consultations : 2**
- ✓ **Ideal For : Female**
- ✓ **Age Group : 18**

 **9,999/-**

## PACKAGE INCLUSIONS

### BLOOD INVESTIGATIONS

- Blood group and Ab Screening
- Hemogram

### DIABETES SCREENING

- Blood Glucose (Random)

### KIDNEY HEALTH

- Renal Function Test

### HEART HEALTH

- ECG
- TMT/ 2D Echo
- Lipid profile (non-fasting)

### LIVER HEALTH

- SGPT

### INFECTION SCREENING

- Routine Urine Analysis

### HORMONE

- Thyroid Stimulating Hormone

### LUNG HEALTH

- Pulmonary Function Test
- XRAY CHEST

### DENTAL HEALTH

- OPG (X-Ray)
- Oral Examination

### GENERAL HEALTH

- Body Composition Analysis

### CONSULTATION

- Dentist
- Physician Consultation

## IDEAL FOR

Health conscious individuals more than 18 years wanting to get their overall health check-up



## PREPARATIONS

# GUIDELINES FOR PREVENTIVE HEALTH-CHECK PROGRAM

### General Instructions

- Please come well rested before the health check
- Please arrive at the hospital/clinic, 10-15 minutes prior to your appointment time.
- Fast overnight for minimum 10-12 hours before the tests. Nothing except plain water may be consumed while fasting.
- Do not consume heavy / fatty meal or meat for dinner prior to the day of health check.
- Avoid exercising in the morning of the day of health check.
- You are advised to remove all your jewelry before the health check.
- Do not consume alcohol or nicotine 24 hours prior to the health check.
- If you have a pre-existing medical condition, please bring along your medical records along with past test reports along with films for the doctor to review (preferably of last 2years).

### For Appointments & Billing

- Please schedule your health check appointment at least 2 days in advance. This will help us plan your health check and provide a pleasant experience.
- You would be receiving a confirmation call from our customer support team prior to your appointment. Confirming your appointment and pre-payment of your package, helps us prepare your health check files in advance which reduces the waiting time at billing counter and overall time required for completion of your package.
- Our staff would be sharing with you the payment link in advance for pre-payment.
- Please carry a valid Government ID Card for identification
- All corporate clients are requested to carry an authorization/credit letter from their respective organization with validity of at least 1 month.
- Any additional tests/investigations advised by the doctor will be billed separately post the Doctor's consultation.

### Other Instructions:

- If you are a diabetic/cardiac/BP patient or have suffered any illness or fever in the recent past please inform the EHC reception in advance.
- All corporate clients are requested to bring the original credit letter from your company.
- For identification kindly bring a valid photo ID Card.